

COMFORT FOOD CATERING

MENU



Nellie J's Café & The Diabetic Pastry Chef | Pittsburgh, PA

phone: (818) 296-5584 e-mail: info@diabeticpastrychef.com

Etsy SHOPS: [NelliesCafe.etsy.com](https://www.etsy.com/shop/NelliesCafe) & [DiabeticPastryChef.etsy.com](https://www.etsy.com/shop/DiabeticPastryChef)

Websites: shop.DiabeticPastryChef.com & [NelliesCafe.carbonmade.com](https://www.NelliesCafe.carbonmade.com)

The Diabetic Pastry Chef

CATERING MENU

*All-Natural Sugar-Free and/or **Sugar-Added** Items available!*

One flavor per platter; substitutions or assortments cannot be accommodated at this time.

Baked Donuts

Cake (Plain, Glazed or Cinnamon)

Raised (Glazed)

Price: \$1.50 each | SMALL ORDER (1 DOZEN) \$18.00 | MEDIUM ORDER (2 DOZEN) \$33.00

Muffin Platter

Whole-Grain Blueberry

Whole-Grain Strawberry

Cinnamon Coffee Cake

Half & Half (Chocolate & Vanilla)

Oatmeal (with Apples, Raisins & Walnuts)

Morning Glory (with Carrots, Apples, Raisins, Coconut & Pecans)

Buttermilk Raisin Bran

Price: \$2.00 each | SMALL ORDER (1 DOZEN) \$21.60 | MEDIUM ORDER (2 DOZEN) \$39.95

Large-Cookie Platter

Chocolate Chip (plain OR with pecans/walnuts)

Peanut Butter

Oatmeal Raisin-Apple

♥ **Chocolate Chip & Peanut Butter Cookies available GLUTEN-FREE** ♥

Price: \$1.80 each | SMALL ORDER (1 DOZEN) \$21.60 | MEDIUM ORDER (2 DOZEN) \$39.95

Specialty Cupcake Platter

Signature: *Vanilla with Buttercream Frosting (Lemon, Blueberry, Raspberry)*

Vanilla with Brown Butter Icing (Coconut & Almond Garnish)

Chocolate OR Vanilla Cupcakes with Chocolate OR Vanilla Frosting

Red Velvet with Cream Cheese Frosting

Price: \$1.80 each | SMALL ORDER (1 DOZEN) \$21.60 | MEDIUM ORDER (2 DOZEN) \$39.95

9" Whole Gourmet Pies

Apple, Cherry, Pineapple, Blueberry, Pumpkin, Pumpkin-Pecan Praline, Sweet Potato-Pecan Praline, Sweet Potato

Price: \$18.00-22.95 each

4" Mini Pie

Apple, Cherry, Pineapple, Blueberry

Price: \$4.00 each

Jam Hand Pie

Blueberry, Blackberry & Raspberry

Price: \$4.00 each

Petits-Fours

Chocolate or Vanilla

Price: \$1.00 each

Nellie J's Café

Chips, Dips & Salsas

Creole Tomato Salsa

Our bestseller at Williams-Sonoma® Local Artisans Market events! Nellie J's™ aromatic Creole tomato salsa boasts a true Southern "trinity" base of Vidalia onions, bell peppers & celery with sweet carrots, juicy tomatoes, savory herbs and olive oil. **Mild or Spicy.**

Served with tortilla chips.

\$49.99 (Medium Pan – Feeds 10) | \$99.98 (Party Pan – Feeds 20)

Soulfrito™ Green Salsa

Another bestseller! Our unique Soulfrito™ green salsa features an authentic Creole "trinity" base of Vidalia onions, bell peppers & celery with a squeeze of lemon and smashed garlic, blended with fresh greens, mixed herbs and olive oil. **Mild or Spicy.**

Served with tortilla chips.

\$49.99 (Medium Pan – Feeds 10) | \$99.98 (Party Pan – Feeds 20)

Soulfresco™ Red Pepper Dip

This Southern-style romesco sauce is a smooth red bell pepper, tomato and pecan purée.

Also a favorite at the Williams-Sonoma® Local Artisans Market that sells out quickly!

Served with breadsticks.

\$49.99 (Medium Pan – Feeds 10) | \$99.98 (Party Pan – Feeds 20)

Italian White Bean Dip

Creamy dip of cannellini beans, lemon, garlic, olive oil, coarse salt, sage & rosemary.

Served with crostini.

\$49.99 (Medium Pan – Feeds 10) | \$99.98 (Party Pan – Feeds 20)

Party Salads

Field Pea Salad

Black-eyed pea salad with bell peppers, celery, red onion & herbs in tangy lemon vinaigrette
\$39.99 (Medium Pan – Feeds 10) | \$79.98 (Party Pan – Feeds 20)

Cabbage Salad

Torn cabbage salad with cucumbers, radishes, red onions, peppers & herbs in garlicky vinaigrette
\$39.99 (Medium Pan – Feeds 10) | \$79.98 (Party Pan – Feeds 20)

Marinated Broccoli

Tender broccoli crowns marinated in zesty vinaigrette
\$39.99 (Medium Pan – Feeds 10) | \$79.98 (Party Pan – Feeds 20)

Fruit Salad

Fresh selection of mixed fruits and berries tossed in honey-citrus dressing
\$39.99 (Medium Pan – Feeds 10) | \$79.98 (Party Pan – Feeds 20)

Wings

Air-Fried Chicken Wings

Chicken wings marinated in lemon, garlic & oregano, healthily air-fried to crispy, juicy succulence!
\$65.99 (Medium Pan – Feeds 10) | \$131.98 (Party Pan – Feeds 20)

Orange-Honey BBQ Chicken Wings

Mild spice-rubbed chicken wings broiled and slathered in Nellie J's™ handmade orange-honey BBQ sauce
\$65.99 (Medium Pan – Feeds 10) | \$131.98 (Party Pan – Feeds 20)

Meatballs

Creole OR Italian Spaghetti & Meatballs

Turkey or beef meatballs braised in Nellie J's™ aromatic Creole tomato or marinara sauce.

Served with spaghetti.

\$65.99 (Medium Pan – Feeds 10) | \$131.98 (Party Pan – Feeds 20)

Creole OR Italian Rice & Meatballs

Turkey or beef meatballs braised in Nellie J's™ aromatic Creole tomato or marinara sauce.

Served with white or herbed rice.

\$65.99 (Medium Pan – Feeds 10) | \$131.98 (Party Pan – Feeds 20)

Jambalaya

Jambalaya with Chicken & Sausage

Fragrant rice casserole of chicken and Andouille sausage with tomatoes, bell peppers, celery & onions; a savory Creole recipe that's full on flavor, not spice!

\$69.99 (Medium Pan – Feeds 10) | \$139.98 (Party Pan – Feeds 20)

Jambalaya with Chicken, Sausage & Shrimp

Fragrant rice casserole of chicken, Andouille sausage and shrimp with tomatoes, bell peppers, celery & onions; a savory Creole recipe that's full on flavor, not spice!

\$75.99 (Medium Pan – Feeds 10) | \$144.98 (Party Pan – Feeds 20)

Baked Pastas

Baked Mac and Cheese

Creamy with four cheeses and baked to gooey, golden goodness!

\$49.99 (Medium Pan – Feeds 10) | \$99.98 (Party Pan – Feeds 20)

Mac and Cheese Lasagne

Triple-layer mac and cheese! Cheesy mac, Creole bolognese sauce, crowned with velvety custard and baked to perfection. From Greece to Italy to America, pasta bakes are loved the world over.

\$59.99 (Medium Pan – Feeds 10) | \$109.98 (Party Pan – Feeds 20)

Breads

Cornbread (Whole Round)

Authentic Southern cornbread, baked in a cast-iron skillet! Dense & moist — not cake-like or crumbly in texture — this hearty cornbread is an ideal accompaniment to rich chilis, stews and beans.

\$15.95

Corn Muffins

Two (2) handmade corn muffins served warm with plain or flavored butter

\$2.99

Texas Garlic Toast

Two (2) slices of garlicky & buttery thick Texas Toast broiled until golden brown

\$2.99

Focaccia

Two (2) pieces of herbed Italian Focaccia

\$2.99

Dessert Pans & Pastries

Raisin Bread Pudding

Baked in egg-free cream custard - Plain or with Rum Sauce

\$39.99 (Medium Pan – Feeds 10) | \$79.98 (Party Pan – Feeds 20)

Banana Bread Parfait

Our family's luscious creation: Velvety Vanilla Pudding layered with Handmade Banana Bread, Crunchy Banana Chips, Toasted Pecans, Whipped Cream & Salted-Caramel Sauce!

\$39.99 (Medium Pan – Feeds 10) | \$79.98 (Party Pan – Feeds 20)

Pineapple Hand Pie

Flaky handheld pastry with spiced pineapple filling - Plain or with Mascarpone Cheese

\$39.99 (Medium Pan – Feeds 10) | \$79.98 (Party Pan – Feeds 20)

Vanilla Rice Pudding

Cool & creamy, luxurious dairy rice pudding with pure vanilla - Plain or with Dulce de Leche

\$39.99 (Medium Pan – Feeds 10) | \$79.98 (Party Pan – Feeds 20)

Cold Drinks

Spiced Tea

16 oz. iced SWEET TEA

With fresh-squeezed orange juice and spices

\$2.99 PER PERSON

Ginger Lemonade

16 oz. fresh whole lemon filtered to remove pulp (very fine zest remains)

- Regular (blended with honey and ginger)

- Sugar-Free (sweetened with all-natural, low-glycemic Whey Low® and ginger)

\$2.99 PER PERSON

Bottled Water

16.9 oz. bottle of still or sparkling mineral water

\$1.50 PER PERSON

Southern Milk Punch

16 oz. of this cold, classic Southern libation—chilled milk or almond milk blended with vanilla and nutmeg

- Dairy

- Non-Dairy

- Regular (with maple or caramel syrup)

- Sugar-Free (sweetened with all-natural, low-glycemic Whey Low®)

\$3.99 PER PERSON

Soft Drinks

2-liter bottle

\$2.99

Hot Drinks

Hot Chocolate

*16 oz. steamed milk and chocolate **OR** Nutella® with holiday spices:*

- Regular (with sugar)
- Sugar-Free (sweetened with all-natural, low-glycemic Whey Low®)

\$2.50 PER PERSON

Coconog

16 oz. hot, rich and creamy coconut milk with small-batch vanilla & pumpkin spice:

- Regular (with caramel syrup)
- Sugar-Free (sweetened with all-natural, low-glycemic Whey Low®)

\$3.99 PER PERSON

Hot Coffee

16 oz. of your choice of:

- Lavazza®, Café du Monde® or Hazelnut Drip Coffee
- Macchiato or Café au Lait (blended with steamed milk)
- Decaffeinated Coffee

\$1.75 PER PERSON

Hot Tea

16 oz. of your choice of:

- Black Tea
- Green Tea
- Cinnamon-Apple Spice Tea
- Decaffeinated Cinnamon Tea

\$1.50 PER PERSON

GROUP CATERING BEVERAGES

♥ *Regular and/ or All-Natural, Sugar-Free Drinks available* ♥

Hot Coffee Box

- *Medium or Dark Roast (regular or decaffeinated)*

- *Hazelnut*

- *Café Du Monde® with Chicory*

Price: \$21.99

Size: 96 oz.

Serves 12 people

Hot Tea Box

- *Black Tea (regular or decaffeinated)*

- *Green Tea (regular or decaffeinated)*

Price: \$21.99

Size: 96 oz.

Serves 12 people

Hot Cocoa Box

- *Sweetened*

- *Sweetened & Spiced*

Price: \$21.99

Size: 96 oz.

Serves 12 people

Iced Tea Box

- *Unsweetened*

- *Unsweetened with Lemon*

- *Sweetened*

- *Sweetened with Lemon*

- *Unsweetened Spiced-Citrus*

- *Sweetened Spiced-Citrus*

Price: \$21.99

Size: 96 oz.

Serves 12 people

Lemonade (or Limeade) Box

Price: \$21.99

Size: 96 oz.

Serves 12 people

SHOP

We offer a lot of our pastries, candies, sauces, seasonings and specialty foods via our website and Etsy with NATIONWIDE SHIPPING! We specialize in all-natural baking — including (but not limited to!) SUGAR-FREE—so be sure to explore all of our online shops to please your dietary needs. **See links in footer.*

CATERING PICKUP & NATIONWIDE SHIPPING

***PICKUP** only in Pittsburgh (**South Hills**), PA
NO LOCAL DELIVERY

***NATIONWIDE SHIPPING** is available for many items via our shops online

*We offer **NO services** and **NO staff** and provide **NO equipment** -- only preparation of amazing food and beverages for your pickup (or our shipping) and enjoyment!

MENUS

We can provide you with our standard menus or lend our creativity toward helping you plan a stellar menu! We offer party pans of various sizes as well as (non-alcoholic) beverages in single and crowd sizes.

INGREDIENTS

Soul food is comforting, yet wonderfully versatile; we enrich ours by making simple and tasteful modifications to classic recipes. We use no artificial colors, flavors or preservatives in our products— and offer a range of healthier options for you to choose from—so you can customize the salt, fat and sugar content in your selections!

DIETARY RESTRICTIONS

We pay careful attention to avoiding use of food allergens, when specified. However, considering we are a bakery-café, our products contain or may come into contact with common allergens—including wheat, peanuts, soy, tree nuts, milk, eggs, fish and shellfish. Although we cannot guarantee that our menu items are allergen-free (we use shared equipment and handle common allergens throughout our supply chain and facility), we strive to make this information available when possible. Please let us know your dietary needs, restrictions and preferences.

TIMELINESS

We require at least a 24-72 hour notice for most catering orders. Please consider timeliness when placing your order, especially for large volume orders, allowing ample time for us to prepare your food. The sooner you let us know your needs, the more opportunity we have to carefully craft your menu, obtain the best ingredients and put the finishing panache on our creations!

PAYMENT

We require a 50% deposit upon placing your order and the remainder due upon pickup. We first provide you with a catering agreement for your signature, which outlines your exact order and total cost. *Custom items may incur additional costs and are priced according to number of servings, availability of special ingredients, and preparation time. Please contact us for an estimate.*

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